



TONYREFAIL

communities first

Newsletter July 2011

Urban Festival 2011 at Tonyrefail Comprehensive School 19th August 2011



Detached Youth Work Team
Carfan Gweithwyr Ieucitid yn y Maes



COME & CELEBRATE WITH THE YOUNG PEOPLE OF TONYREFAIL

Come and show off the skills you learned at the workshops! See the dancing, DJs, live bands & fashion show! Participate in the fun!! Showcasing their skills in dance, fashion, graffiti art and music. There will be live bands, refreshments and much more. No Alcohol permitted on premises. Headlining Band **Monophonics** sponsored by Mainline Coaches Limited (01443 670095). For further info please contact **Communities First** on 01443 671312

Please contact the office with any queries or comments, or to request this brochure in any other format.
Fyddech gystal â chysylltu â'r swyddfa gydag unrhyw sylwadau neu gwestiynau a fo gyda chi neu os hoffech chi wneud cais am y llyfryn hwn mewn fformat arall.

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Tonyrefail Communities First

Capel Farm Community Centre, Heol Ty Llwyd, Tonyrefail, CF39 8LW
Four Seasons Activity Centre, 33 Heol Y Glyn, Tonyrefail, CF39 8LL Tel: 01443 671927

Tel: 01443 671312 or <http://tonyrefail1.yolasite.com>

Add us on Facebook: [TonyrefailCommunitiesFirst](https://www.facebook.com/TonyrefailCommunitiesFirst) or Twitter: [@Tonyrefailcom1](https://twitter.com/Tonyrefailcom1)



communities first cymunedau yn gyntaf



Llywodraeth Cymru
Welsh Government

WEIGHT LOSS

Are you interested in losing weight or managing your weight or even living a healthier lifestyle and eating a balanced diet? If so, we have launched a new group at Capel Farm Community Centre every Tuesday 6-7.30pm.

The sessions will cost £1 every week and will include various activities including nutritional guidance; tips on cooking and some weeks there will be cooking demos and food tasting.

If you require more info contact Amy on 01443 671927 or 07825675686

Zumba

Zumba Classes at Capel Farm Community Resource Centre, every Monday 4.30pm - 5.30pm. If you have children aged between 5yrs - 11yrs they can come to Homework Club running at the same time as Zumba. **For further information please contact Communities First Office on 671312.**

Bryn Golau/ Cae'r Gwerlas

Bryn Golau/ Cae'r Gwerlas Tenant and residents association are running a Summer Trip to Porthcawl on August 17th. The cost is £4 per adult, under 16 year olds are free, but **MUST** be accompanied by an adult.

If you are interested in going, please can you pay your money by August 1st. Any enquires or to pay for your seats please contact **Annette on 07905212208, Gwyneth 672040 or Jan on 673198.**

Food Co-op

Are you fed up of paying too much for your fruit and vegetables?

Tonyrefail Food Co-op runs every **Friday 10-12.30pm** where a bag of high quality fruit, vegetables or salad is available to **order weekly for just £2.50**, to be picked up from Capel Farm Community Centre. Pick up your order and order for the next week, it's that simple!

For more information contact Amy or Karen on 01443 671927.

Lunch Club

Are you over 50 years old, and enjoy eating and socialising? If so why not join our Lunch Club, it takes place every **Wednesday 1-3pm** at Capel Farm Community Centre. **Enjoy a two course meal for just £3, to book your ticket or more information contact 01443 671312.**

Stay Safe Martial Arts

Every Thursday at Penrhiwfer Community Centre from **6pm - 9pm**
For more information please contact **Paula on 01443 442772**

Reduce, Re-use, Recycle!

Don't forget you can pick up your free recycling bags, food disposal bag, battery disposal bags and dog waste bags from Capel Farm Community Centre!



Walking Wanderers

Tonyrefail Walking group meet every Thursday 10am at Tonyrefail Leisure Centre. Come along and join and have fun whilst getting fit!
More info contact Karen or Amy on 01443 671927.

Capel Farm New Life Church

Every **Sunday from 5pm to 7pm** at Capel Farm Community Resource Centre.

FAMILY MAY PLAY DAY



On 22nd May at Tonyrefail Leisure Centre a Play Day Event was held. Despite the weather the day was a great success and was attended by 800+ community members.

The event was organised by Tonyrefail Communities First in partnership with Tonyrefail Play Partnership, Four Seasons Activity Centre, RCT Homes, RHA, Police, Fire Service, Friends of Four Seasons and RCT Detached Youth Team. The event was used to promote Play Provision within Tonyrefail and surrounding areas. The day consisted of free activities including Theatrical Makeup, Arts & Crafts, Wax Hands, Rugby Simulators, Bouncy Castle, Bungee Run, for all to enjoy. We had a Visit from Life Size Children's Characters Dora the Explorer, Fireman Sam and Peppa Pig.

David Jones commented - "It was an amazing event, watching the children enjoy themselves, and meeting the children characters. It was a happy atmosphere and great to see so many children and families having Fun!!"

Renee Lawson aged 8yrs commented how great the day was and enjoyed having her face and nails painted.

Tonyrefail Communities First would like to thank all volunteers & partners that help make the event a success and everyone who attended.



What's on at...



Four Seasons Pedwar Tymor

Activity Centre • Canolfan Weithgareddau

33 Heol y Glyn, Tonyrefail, CF39 8LL,
01443 671927 (bottom of Capel Farm Estate)



Parents & Toddler Group

Monday, Wednesday
10.30am - 12.30pm

Come along meet new people and your child will have the opportunity to play with other children and develop their skills in a fun and caring environment. There is a charge of £1.25 per session, which includes a snack and drink.

Pre-school Group

Tuesday

1:30pm - 3:00pm

18 months - 3 years, £2.25 per session. The aim of the group is to help towards the development of your child's skills and to help make the transition to school go smoothly.

Contact Claire on 01443 671927 for more information and to book your child's place.



Four Seasons Pedwar Tymor

Activity Centre • Canolfan Weithgareddau

Holiday Care Scheme Summer Holidays

Summer Age 3 - 11 Limited places

To Book Your Sessions Contact Claire Williams

Tel: 01443 671927 • Claire.Williams5@rctcbc.gov.uk

Discount if you book in advance with a deposit
(non refundable)

3 Full Weeks (any weeks) £187.50 per child

5 Full Weeks £300.00 per child

No discount for half days

We are happy to arrange payment options before holiday care but we will need full payment before care commences.

Deposit needed at the time of booking, which will be non-refundable due to demand. If you have any queries, then please don't hesitate to contact us on 01443 671927



Llywodraeth Cymru
Welsh Government



Tref Y Rhyg Primary school

Well done!!

Congratulations to the children who reached the regional finals in the Bloodhound Challenge. They will certainly make promising engineers in the future. Many thanks go to Matt Mullen and his Mum Mrs Mandie Mullen for securing almost a £100 sponsorship towards the cost of their uniforms and transport.

Link Up

Our newly opened Ladybirds Link Up has been very well attended on a Thursday afternoon and is becoming a prominent feature in the school. The link up group will help the children to settle more confidently and quicker into Nursery when they start school.

Our Outdoor Area

If you have any spare bedding plants, seeds or shrubs please could you donate them to the school to further improve our outdoor environment. Big thanks to Mrs Glenda Snook for the bedding plants which the children are already busy planting.

YSGOL GYNRADD GYMRAEG TONYREFAIL

Nod Ansawdd Sgiliau Sylfaenol

Bu'r ysgol yn llwyddiannus yn ei hymgais i ennill cymhwyster Nod Ansawdd Sgiliau Sylfaenol. Diolch yn fawr i bawb yn yr ysgol am eu gwaith caled yn sicrhau y Nod Ansawdd.

Cyngor Eco

Cynhaliwyd etholiad ar ddechrau Ionawr i ddewis cynrychiolwyr o Flynyddoedd 1-6 i fod ar y Cyngor Eco. Dyma'r plant â etholwyd eleni: Blwyddyn 1- Holly Edwards, Scarlett Gowing. Blwyddyn 2- Jenson Israel, Joseff Carpenter, Molly Greenwood. Blwyddyn 3- Hanna Hughes, Jack Williams, Menna Neil. Blwyddyn 4- Dylan John, Simone Roberts. Blwyddyn 5- Callum Jones, Elliott Jenkins, Iestyn Stevens. Blwyddyn 6 – Kate Maidment-Davies, Seren Spencer.

Llysgenhadon Comisiynydd Plant Cymru

Etholwyd James Williams, Blwyddyn 6 a Ffion Jones o Flynyddyn 5 i fod yn Llysgenhadon i Keith Towler, Comisiynydd Plant Cymru. Fe fyddant yn gweithio yn agos gyda'r Cyngor Ysgol er budd disgyblion yr ysgol.

Diwrnod Cenedlaethol y Llyfr

Cafodd pawb ddiwrnod wrth eu boddau yn dathlu diwrnod y llyfr. Daeth plant y Cyfnod Sylfaen i'r ysgol wedi gwisgo fel eu hoff gymeriad o lyfr Cymraeg ac roedd yr Adran Iau wedi gwisgo fel cymeriad o chwedl Gymraeg. Gwelwyd sawl Sali Mali, Alun yr Arth, Branwen, Llywelyn Fawr, Culhwch ac Olwen o amgylch y lle!

Diwrnod Gwalltiau Gwirion

Daeth pawb i'r ysgol ar ddydd Gwener Trwynau Coch efo gwalltiau gwirion - roedd hi'n anodd iawn adnabod rhai aelodau o'r staff! Casglwyd £180 tuag at yr elusen.

Eisteddfod yr Urdd

Diolch yn fawr i'r holl blant am eu gwaith caled yn paratoi ar gyfer eisteddfod gylch a sir yr Urdd. Llongyfarchiadau mawr i Ffion Jones B15 a Lowri Jones B11 ar ddod yn 3ydd yn Eisteddfod yr Urdd gyda eu gwaith yn yr adran photograffiaeth.

Cysylltiadau â'r Gymuned

Bu disgyblion o'r ysgol yn cymeryd rhan mewn noson o ddathlu dawn ac mewn cyngerdd yn Eglwys Dewi Sant gan ysgolion cynradd Tonyrefail i godi arian at D Hafan. Diolch yn fawr i bawb am eu perfformiadau arbennig.

Basic Skills Quality Standard

During the Spring Term the school was successful in gaining The Basic Skills Quality Mark. This was due to the hard work of the staff and pupils – congratulations to all at the school.

Eco Council

Elections for the Eco Council were held at the beginning of January the members elected are Year 1- Holly Edwards, Scarlett Gowing. Year 2- Jenson Israel, Joseff Carpenter, Molly Greenwood. Year 3- Hanna Hughes, Jack Williams, Menna Neil. Year 4- Dylan John, Simone Roberts. Year 5- Callum Jones, Elliott Jenkins, Iestyn Stevens. Year 6 – Kate Maidment-Davies, Seren Spencer.

Ambassadors for the Children's Commissioner for Wales

James Williams, Year 6 and Ffion Jones in Year 5 have been elected as Ambassadors for Keith Towler the Children's Commissioner for Wales. They will be working with the School Council on behalf of the pupils at the school.

World Book Day

Everyone at the school enjoyed celebrating World Book Day. Children in the Foundation Phase came dressed as characters from Welsh books and Years 3-6 as characters from Welsh legends studied in school. Many a Sali Mali, Alun yr Arth, Branwen, Culhwch and Olwen were spotted around school!

Silly Hair Day

On Friday – Red Nose Day the school was filled with pupils and teachers with silly hair. It was difficult to recognise some of the staff. £180 was raised towards the appeal.

Eisteddfod yr Urdd

Thank you to all the children for their hard work preparing for the Urdd local and county Eisteddfod. Congratulations to Ffion Jones Yr5 and Lowri Jones Yr1 on gaining 3rd places at The Urdd National Eisteddfod with their photography work.

Links with the Community

Pupils from the school have taken part in the 'Tonyrefail Street Dance Extravaganza' and in a concert held at St David's Church by pupils from local primary schools. They gave excellent performance and were a credit to the school.

Edmondstown Welfare Hall

For more information contact Mel Davies on 07816161248.

Tropical Ink will be at

Edmondstown Welfare Hall on August 20th

12-5pm. Tropical Ink presents a unique and exciting opportunity to hold or stroke each animal that they introduce including reptiles, mini beasts and lots more. All the animals have been chosen for their temperament and are very friendly.

Eyes down...

Bingo at Edmondstown Welfare Hall every Monday at 7.30pm!

Street dance

£3 per person, Every Wednesday 6.15-7.15. Children aged 5-12 years old.

Line dancing

Every Thursday 5.00-6.00pm at Edmondstown Welfare Hall. £1 per person.

Zumba

Zumba sessions at Edmondstown Welfare Hall, Every Sunday 11-12.00pm

Disco Time!!!

Children's Disco every Friday 6-8pm at Edmondstown Welfare Hall, for children aged 3-13 years old, 50p person.



SUMMER PLAY SCHEME

Are you looking to occupy your child during the summer holidays?

Tonyrefail Play Partnership has organised for 6 weeks worth of fun, free activities to children aged 5yrs to 14yrs, 5yrs – 8yrs can only access one session a day.

Venue	Date	Time
Capel Farm Community Resource Centre	August - 8th, 9th, 10th, 11th, 12th, 15th, 16th, 17th, 18th & 19th	10am – 11.58am 1pm – 2.58pm
Coedely Community Centre	August – 22nd, 23rd, 24th, 25th, 26th, 30th, 31st September – 1st & 2nd	10am – 11.58am 1pm – 2.58pm
Edmondstown Community Centre	July – 25th, 26th, 27th, 28th & 29th August – 1st, 2nd, 3rd, 4th & 5th	10am – 11.58am 1pm – 2.58pm
Penrhiwfer Community Centre	August – 8th, 9th, 10th, 11th, 12th, 22nd, 23rd, 24th, 25th & 26th	10am – 11.58am 1pm – 2.58pm
Thomastown Community Centre	August – 15th, 16th, 17th, 18th, 19th, 30th & 31st September – 1st & 2nd	10am – 11.58am 1pm – 2.58pm
New Life Community Church	July – 25th, 26th, 27th, 28th & 29th August – 1st, 2nd, 3rd, 4th & 5th	10am – 11.58am 1pm – 3pm

Play Scheme is open access and children can leave at any time.
Parental consent forms must be completed prior to your child attending.

For further information please contact Sara Burrows on 07977543414 or Marcia 07940523775.

TONYREFAIL PLAY PARTNERSHIP LOGO COMPETITION WINNER!!!!



Congratulations to Mia Lyle, aged 10 from Cwm Lai Primary School for winning the Tonyrefail Play Partnership Logo Design

Clych Meithrin Thomastown & Clydach Ti a Fi Thomastown

Clych Meithrin Thomastown is a Welsh Medium Pre-School Nursery. We are open Monday to Thursday 9.15-11.45am for children aged between 2yrs 4months and school age. Our Toddler group, Clydach Ti a Fi Thomastown, is held on Fridays, 9.30am – 11.30am. We are now taking names for September 2011, for more details or to register your child please contact Jan Richards on 07757633249.

Tonyrefail Scouts & Beavers

If your child would like to join Beavers (6- 8yrs) or Cubs (8-10yrs), please contact Ellen on 01443 676791. We are currently looking for more leaders and helpers for all ages especially the 10-14 age groups. Beavers & Cubs meet on a Monday evening at 6-7.30pm at the Scout Hall, Llantrisant Road. You can also contact Ellen by email on tonyrefailscouts@hotmail.co.uk

Children Fun Fitness Club

Would you like your child to keep fit whilst having fun, they can join Children Fun Fitness Club at Penrhiwfer Community Centre every Monday from 5.30pm to 6.30pm for children aged 5yrs – 14yrs. If you would like further information, please contact Paula on 01443 442772.

Classical Cuties

Tref Y Rhyg Primary School currently runs an after school club during term time only from 3.15pm to 4.30pm for children aged 4yrs to 7yrs. Classical Cuties offers the children the opportunity to learn a little about the theory of music through a simple topical theme system. Thanks to all those people who have and still are supporting the Classical Cuties in many different capacities.



Dragon Savers

Are you looking to open up an account why not join Dragon Savers Credit Union at Capel Farm Community Resource centre on Friday from 10am to 12pm.

- Helping members to save
- Helping them to keep their level of debt under control
- Offering financial and budgeting advice
- Making available, when needed, low cost credit
- Offering free insurance protection on savings and loans
- A credit union gives more choice for savings and loans

School collection points only for pupils take place every Wednesday at Tref Y Rhyg Primary, Tonyrefail Primary & YGG Tonyrefail from 8.45am to 9.15am. Tonyrefail Comprehensive, Week 1 only, Friday during PSHE from 8.30am in E3 Room.



Arts Festival 22nd – 26th June St Davids Church, Tonyrefail

A HUGE THANK YOU to the artists and especially to Caryl as without you the Arts Festival wouldn't happen.

A big "THANK YOU" to all of you who worked tirelessly behind the scenes. To Vicar Ruth and everyone on the Event's Committee, to U3A members; to John Sampson (for helping Jeff to erect the banner); to Jeff for all the errands he ran for me including shopping for the wine, pouring the wine at the Launch party and being my general factotum; to Robert Burns and Mike Richardson for helping to hang the paintings; to John Hawkins for being chauffeur to

Boyd and Kirsten; to people who provided food for the choir, to the staff at the Diocesan Office for providing the King James Bible exhibition, to Elaine Hawkins and Gwen Richardson for the craft stall; to the committee of the Rugby Club for hosting the post concert bean feast; to Steve Burgess for transporting stands and tables on his milk float; to Ysgol Gynradd Cymraeg Tonyrefail for lending us stands; to St Barnabas Church Gilfach Goch for lending us tables, to Tonyrefail Communities First for printing tickets, programmes and posters; to the anonymous donor who

provided the "workers" with sandwiches – I was existing on chocolate biscuits before this. A huge "Thank You" to everyone for making the Festival such an outstanding success and finally a special thank you our poetry readers Boyd Clack and Kirsten Jones. To date we have taken £2074.

Review of Arts Festival

First and foremost the Festival was a resounding success. It attracted a steady stream of visitors throughout the four and a half days it was open.



Thinking of becoming a Volunteer?

If your thinking of becoming a volunteer within your community please contact Amy Bolderson OR Karen Howells on 671927.

Course or New Skills?

Have you been thinking of learning a new skill or enrolling on a course? If YES, why not contact your local Tonyrefail Communities First team on 01443 671312.

Lounge – Youth Evening

Is every Monday from 6pm to 8pm and is open to all young people aged between 12yrs to 18yrs. Varies activities are held during Lounge evening such as table tennis, snooker, darts, arts & crafts, jewellery making etc. Lounge is based in Capel Farm Community Resource centre.

Detached Youth Workers in Ton!

We are the Detached Youth Workers in Tonyrefail. The one in red (with a matching red nose) is Tracey, and the one in purple (queen of the CSCS card) is Rhian. Some of you might know Zoe, who has moved to the Mountain Ash cluster. You will see us walking the streets three nights per week, offering support to all young people between the ages of 11-25. Support can be anything from running requested activities, such as arts and crafts, to CV forms, job and college application forms, and CSCS cards. Or all of you peepses can simply stop us for a chat and ask us what is going on in Ton...because if you do not ask, you will not find out! On occasion we also run activities such as dingles scrambling, pony trekking, paintballing, speedboating and graffiti art work. We

have recently completed the workshops for the Summer Urban Festival where young people can come along and learn skills such as Rockschool, DJ-ing (with DJ Dibble), arts and crafts, fashion, and others, where you can show off your skills on the 19th August. We will be there for the fun and mayhem...so if you see us give us a wave and say "Hi" (or something longer – we are not fussy!) We regularly post on Wicid.tv, the website run for young people by young people, with goings-on in the cluster, so sign up for an account with Wicid so you can do your own postings about the things that are of interest to you! C'mon peeps you know you want to! WooHoo....let the fun begin!!!!!!!!!!!!!!!!!!!!!!!!!!!!

